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Waking, Dreaming, Being is an exceptional and intriguing contribution to the exploration of consciousness as a multidimensional self and makes a convincing argument for the usefulness of philosophical, experiential, and scientific approaches to understanding consciousness.

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Waking, Dreaming, Being builds a bridge between two different worlds: the relative "new" Western world of science and the ancient Vedic wisdom as expressed in the Upanishad. This is a very interesting process wheer Evan talks about his own experiences, his life, experiments he has been through and in doing so he is able to put up a framework for you.

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Waking, Dreaming, Being | Columbia University Press

He attributes the framework for Waking, Dreaming, Being: Self and Consciousness in Neuroscience, Meditation, and Philosophy to "the Indian yogic traditions, which broadly.

(PDF) Waking, dreaming, and the self. - ResearchGate

Waking, Dreaming, Being: Self and Consciousness in Neuroscience, Meditation, and Philosophy. ... The claim that the self is an illusion indeed relies on the sense of self being a real impression that reflexively generates such false content as 'I am an underlying thinker of thoughts'.

Waking, Dreaming, Being: Self and Consciousness in ...

Evan Thompson, Waking, Dreaming, Being: Self and Consciousness in Neuroscience, Meditation, and Philosophy, Columbia University Press, 2015, pp. 453, \$ 32.95, ISBN 9780231137096 Chiara Mascarello, Università degli Studi di Padova Drawing upon his unique position as a philosopher of mind and

Evan Thompson, Waking, Dreaming, Being: Self and ...

Waking, Dreaming, Being is an exceptional and intriguing contribution to the exploration of consciousness as a multidimensional self and makes a convincing argument for the usefulness of philosophical, experiential, and scientific approaches to understanding consciousness.--Marissa Krinsky "Buddhadharma "

Waking, Dreaming, Being: Self and Consciousness in ...

particularly lucid dreaming, is not a hallucinatory wish-fulfilling experience as Freud had thought, nor is it a kind of dissociative state, as some contemporary neuroscientists suppose; rather, lucid dreaming, following the four-fold model of consciousness from the Upaniṣads, is a form of waking consciousness—that is,

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being awake in a dream.

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How we experience having or being a self, including experiences we may have of losing or transcending the self, depends on our mode of consciousness - whether we're awake and attentive, lost in thought, falling asleep, dreaming, having a lucid dream, deeply asleep, having an out-of-body experience, meditating in the waking or lucid dream states, or experiencing dissolution at death.

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Carefully unpacking that contentious question, and exploring what Buddhism offers its investigation, is the subject of Evan Thompson's new book, "Waking, Dreaming, Being."

Evan Thompson's 'Waking, Dreaming, Being' - The New York Times

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Waking, dreaming, being : self and consciousness in ...

Waking, dreaming, being : new light on the self and

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consciousness from neuroscience, meditation, and philosophy / Evan Thompson. pages cm Includes bibliographical references and index. ISBN 978-0-231-13709-6 (cloth : alk. paper) — ISBN 978-0-231-53831-2 (electronic) 1. Consciousness. 2. Self. I. Title. B808.9T456 2015

Waking, Dreaming, Being: Self and Consciousness in ...

The central idea of Waking, Dreaming, Being is that the self is a process, not a thing or an entity.¹ The self isn't something outside experience, hidden either in the brain or in some immaterial realm. It is an experiential process that is subject to constant change. We enact a self in the process of awareness, and this self comes and goes

Précis of Waking, Dreaming, Being: Self and Consciousness ...

Review of Waking, Dreaming, Being: Self and Consciousness in Neuroscience, Meditation and Philosophy by Evan Thompson. E. Solomonova - 2015 - Constructivist Foundations 10 (2):267-270.

Waking, Dreaming, Being: Self and Consciousness in ...

Evan Thompson's Waking, Dreaming, Being: Self and Consciousness in Neuro-science, Meditation, and Philosophy offers a compelling synthesis of ideas brought forth through one of the great cross-cultural confluences of our time, i.e. the comparative and collaborative interaction between the ex-

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Waking, Dreaming, Being, Self and Consciousness in ...

Waking, Dreaming, Being (Hardcover) Self and Consciousness in Neuroscience, Meditation, and Philosophy. By Evan Thompson, Stephen Batchelor (Foreword by) Columbia University Press, 9780231137096, 496pp. Publication Date: November 18, 2014. Other Editions of This Title: Paperback (7/25/2017)

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